

Triple Stroke Roll

Lane Parsons

Full Rudiment

R R R L L L

Var. 1

R R R L L L

With Kick

R R R L L L

Var. 1 With Kick

R R R L L L

Linear

R R R K L L L K

Beat 1

R R R

Beat 2

R R R

Beat 3

R R R

Fill 1

RL R R L

2

Fill 2



RL RL RL R L R